

INTERNSHIP OFFERINGS

2024/2025



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Mamaya HEALTH



HELLO PROSPECTIVE STUDENT!

Thank you again for your interest in joining our mission and vision to provide quality mental healthcare in Tennessee!

Below you will find a description of the two intern placement opportunities we provide. Nashville Collaborative Counseling Center (NCCC) is a company dedicated to providing a larger scope of services to meet diverse client needs. Within the umbrella of services we provide, we created Mamaya Health to provide specialty support for the needs of maternal mental health care during pregnancy and postpartum.

Please read through each placement opportunity carefully to determine what best fits your personal and professional interests. Each program's website has also been included for your review and exploration.

We welcome your questions as you spend time evaluating each.

The NCCC/Mamaya Health Team

NASHVILLE COLLABORATIVE COUNSELING CENTER

OVERVIEW

NCCC seeks a Master's level intern to provide therapeutic services in outpatient counseling practice. This position will be providing individual therapy to a wide variety of clients in an outpatient practice setting, and as needed in the community. This position will be responsible for conducting clinical intakes which require knowledge of assessing DSM criteria. This position will be required to maintain quality and detailed clinical documentation and paperwork and provide appropriate referrals to collaborative community resources as identified.

IDEAL CANDIDATE

The ideal candidate values and understands the importance of collaboration between the medical provider, care team, and therapist and must believe deeply in creating access to care. The ideal candidate will be an advocate for individuals who are experiencing significant life transitions and barriers to resources, is detail-oriented, and has good time management and critical thinking skills. Must be pursuing a master's in clinical psychology, social work, marriage and family therapy, or clinical mental health counseling. Must be able to commit to a minimum of 2 semesters but ideally 3 or more semesters in this role.

QUALIFICATIONS + SKILLS

Education + Experience | Bachelor's degree in social service field must be pursuing a Master's degree in clinical psychology, social work, professional counseling, or a related field.

Communication | Skilled in speaking to persons with various social, cultural, economic, and educational backgrounds.

Problem-Solving | Experience in developing solutions to complex problems. Demonstrated ability to identify the source of an issue and provide constructive strategies to address it. Practicing curiosity and asking open, honest questions of self and others.

Organization | Detail oriented & good time management skills. Able to take initiative and complete tasks autonomously and within compliance guidelines.

NASHVILLE COLLABORATIVE COUNSELING CENTER

RESPONSIBILITIES

1. Carry a caseload of 10-12 individual clients to provide outpatient therapy
2. Provide 4 hours of care coordination monthly
3. Conduct intake screenings for incoming clients
4. Attend and participate in weekly one-on-one supervision
5. Maintain quality and detailed clinical documentation
6. Take initiative to reach out to expert therapists on our team when additional support is needed for a client
7. Conduct clinical intakes which require knowledge in assessing DSM diagnostic criteria
8. Complete assessments and documentation utilizing Blueprint as a supportive tool (data collection software for standard mental health assessments, ex: GAD-7, PHQ-9)
9. Collaborate with wraparound services and referrals to ensure comprehensive care.
10. Other duties when needed and agreed upon with advance notice.

COMPENSATION + BENEFITS

This position is not compensated. The applicant should be pursuing this position for graduate course credit. This position will also benefit from:

- Marketing support to build client caseload
- Staffed Billing Department and Scheduling Support
- No-cost consultations and Continued Education opportunities
- Monthly massages at NCCC office

EMPOWERMENT + SUPPORT

This position is empowered and supported by a team lead and the Assistant Clinical Director of NCCC, Brianna White Woods.

OVERVIEW

Masters level intern to provide therapeutic services in outpatient counseling practice. Providing individual therapy to birthing persons and their families in an outpatient practice setting, and as needed in community. Conducting clinical intakes which requires knowledge in assessing DSM criteria. Maintain quality and detailed clinical documentation and paperwork. Provide appropriate referrals to collaborative community resources as identified.

IDEAL CANDIDATE

The ideal candidate values and understands the importance of collaboration between the medical provider (OB/Midwife), care team (doula/lactation/newborn nurse, etc), and therapist and must believe deeply in creating access to care. The ideal candidate will be an advocate for individuals who are experiencing significant life transitions and barriers to resources, is detail-oriented, and has good time management and critical thinking skills. This candidate can work autonomously and has a passion for working with the perinatal population. Must be pursuing a master's in clinical psychology, social work, marriage and family therapy, or clinical mental health counseling. Must be able to commit to 12 -18 months in this role (minimum 12 month commitment/2 semesters coursework. Postgraduate extension available).

QUALIFICATIONS + SKILLS

Education + Experience | Bachelor's degree in Social Service field, must be pursuing Masters degree in clinical psychology, social work, professional counseling, or related field. Willingness to be trained in Maternal Mental Health.

Communication | Skilled in speaking to persons with various social, cultural, economic, and educational backgrounds.

Problem-Solving | Experience in developing solutions to complex problems. Demonstrated ability to identify the source of an issue and provide constructive strategies to address it. Practicing curiosity and asking open, honest questions of self and others.

Organization | Detail oriented & good time management skills. Able to take initiative and complete tasks autonomously and within compliance guidelines.

MAMAYA HEALTH

RESPONSIBILITIES

1. Provide outpatient therapy for a caseload of 15 individual clients, with a specialization in maternal mental healthcare.
2. Complete foundational maternal mental health training (paid for as part of internship).
3. Attend and participate in weekly supervision.
4. Maintain quality and detailed clinical documentation.
5. Take initiative to reach out to Mamaya Leadership for support and consultation needs.
6. Conduct clinical intakes which require knowledge in assessing DSM diagnostic criteria.
7. Complete assessments and documentation utilizing Blueprint as a supportive tool.
8. Collaborate with wraparound services and referrals to ensure comprehensive care.
9. Other duties when needed and agreed upon with advance notice.

COMPENSATION + BENEFITS

Hourly: \$18 clinical rate, \$17 administrative rate

This role also includes the following benefits:

- Foundational Maternal Mental Health Training (paid for by Mamaya Health and completed prior to onboarding) with additional specialized advanced courses available
- Liability Insurance
- Flexible work environment (in-person and virtual) and full scheduling autonomy
- Marketing support to build client caseload
- Staffed Billing Department and Scheduling Support
- No-cost consultations and Continued Education opportunities
- Monthly massages at NCCC office

EMPOWERMENT + SUPPORT

This position is empowered and supported by a team lead and the Assistant Clinical Director of Mamaya Health, Laurie Griffin. LCSW

THANK YOU

Thank you for your interest in considering Nashville Collaborative Counseling Center and Mamaya Health for your internship placement. We believe therapy is a lifeline, not a luxury, so we thank you for considering joining to serve those who experience barriers to access high quality mental healthcare without programs like ours. Please don't hesitate to reach out with any questions or needs.

Healing happens together.

In Gratitude,
The NCCC/Mamaya Health Team



**NASHVILLE COLLABORATIVE
COUNSELING CENTER**

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Mamaya HEALTH